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## **MESSAGE IS: SLOW DOW**

Students rally Monday morning to protest speeders outside of Bessie Nichols School in west Edmonton. Approximately 21 per cent of drivers speed through the school zone in front of the school. Read more on page 6. LEAH HOLOIDAY/METRO

## Alta. steadfast on **building schools**

Infrastructure. Fiscal troubles won't stop construction of planned 232 schools: Minister



LFAH HOLOIDAY

Despite failing resource prices and an impending \$7-billion budget hole, new school construction will continue, says Alberta's infrastructure boss.

Minister Manmeet Bhullar gave an update Monday to the 232 school projects announced in Alberta since 2011. Four years later, the province has completed 30 schools of the 35 schools announced in Phase 1.

While only one school has opened from the project's second phase - announced by former premier Alison Redford starting in 2013 - Bhullar said the government is focused on speeding up the process.

"When you're building as many schools as we are in Alberta, you'll understand these figures are constantly changing," he said.

To date, 38 schools are

under construction and an additional 54 are in design

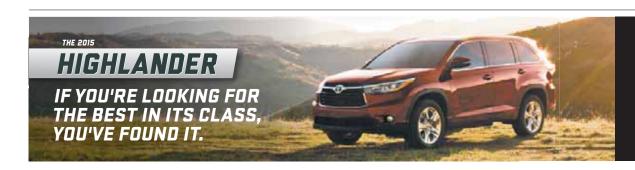
The last phase of schools, announced by Premier Jim Prentice in October, include 55 new schools and 20 modernizations. Bhullar said 60 will be ready in 2017 and five high schools will be ready in 2018.

The 12 schools that were originally announced as starter schools, but will be actual full builds, are expected to be complete late 2016, or early 2017.

"Alberta is growing very quickly. We have a large number of children entering our school systems and we want to make it better for our children," Bhullar said. "That's why we're pressing ahead with these school projects."

The NDP's David Eggen said despite this assurance, the government has failed to follow through on their school promise.

"They've spent an inordinate amount of rhetoric and politics over the last three years to announce schools, yet they only fail to build less than half of those schools and then the minister comes and has us believe another 75 over 2016,"





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#### Transit

#### App usage at 11.5 per cent of ETS daily riders

About 11.5 per cent of the city's daily transit users have downloaded the Edmonton Transit app since it launched three months ago, something critics say is on par with what they expect.

"It's about where I

"It's about where I expect it to be. It's a newer app and it's not like there's not other transit apps competing with it," said Brendan Van Alstine, co-founder of the Transit Riders' Union of Edmonton.

In addition to the 400,000 daily riders on the city's transit system, there were 22,986 downloads of the ETS Live to Go app as of Mar. 5 — 13,000 of those downloads belonging to Apple users.

There have been both positives and negatives critiques of the app since it first launched, but city officials say future upgrades are coming. The city had planned to make the real-time information available to Google but one smartphone app company, Transit App, was able to scrape the data from the city's information to now include it on their app as well.

Coun. Andrew Knack said the percentage of users is at a good spot as the app evolves.

"Hopefully as we (start) to make improvements, that will begin to drive more people to use. Part of it is the initial reviews haven't been stellar so maybe people are holding off and keep using Google Maps, so as that evolves we might see more and more people take it on."

STEPHANIE DUBOIS/METRO



# Students slam new Aeroplan program

**Post-secondary education.** Debt repayment plan absurd, says U of A student president



LEAH HOLOIDAY leah.holoiday@metronews.ca

Comparing the province's postsecondary minister to Marie Antoinette, Alberta students slammed a new program that allows school debt to be paid off with Aeroplan points. "They might as well have been saying 'let them eat cake," said University of Alberta alum Aditya Rao. "Telling heavily indebted students that their plan for accessible (postsecondary education) is 'go buy a plane ticket is bizarre."

Metro first reported the province's new program offering HigherEdPoints to enable Alberta students to pay back \$250 in student debt with 35,000 Aeroplan miles.

While Rao faces upwards of \$100,000 in student loans once he finishes his second degree at the University of Ottawa, he has no plans to tackle his debt with

#### **High price**

A quick Metro search found that a return flight from Edmonton to Toronto with Aeroplan points is 25,000, plus roughly \$160 in tax. The same flight is equivalent to \$480, with \$98.71 in tax.

Aeroplan points.

"Sure, I have debt and I collect points. But like me, most students don't live the 'fiesta cubana' lifestyle that Minister Scott seems to believe we do,"

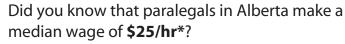
University of Alberta student union president Navneet Khinda called the new plan absurd.

"I don't know whether to laugh or cry," she said. "It just shows to me how out of touch the government is to students."

Khinda said the new program would really only help a handful of students who could either afford to rack up so many points or those whose parents had access to travel rewards.

"Either that's intentional or it's just a blatant disregard for financial aid policies they should be putting out," she said.

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metre 4 EDMONTON metronews.ca Tuesday, March 10, 2015

# Councillors want 'City of Champions' sign retired

**Branding.** City staff suggests holding off sign change until new identity is completed



Edmonton's entrance signs are likely several years from being replaced, but in the meantime Coun. Michael Oshry believes it's time to retire the City of Champions moniker.

Councillors debated a report Oshry asked for on the process and cost of designing new highway entrance signs on Monday. City staff encouraged council to consider holding off any change to the sign until branding work is completed.

Oshry said the branding work is important, but he doesn't want to wait and wants "City of Champions" removed from the existing signs.

"I think that slogan actually

holds us back and makes us think about the perceived good old days," he said.

Oshry said he will bring a motion to an upcoming council meeting asking to at least have "City of Champions" removed from the current signs and to look at creating new ones.

He noted that the only place the city uses the slogan is on the entrance signs and doesn't think it has to incorporate the entire branding discussion.

"For me it's about the signs specifically right now and I think we don't have to wait for all that branding work," he said.

Coun. Dave Loken said he's not sure why the city is spending any time on the signs.

"I think the signs are fine. I haven't heard anyone driving into the city saying this is a terrible sign," he said.

Loken said visitors feel welcomed to the city, by the street life, the festivals, the people, not a road sign.

Trish Webb, head of the city's communications depart-



ment, said the city's overall brand needs some major work.

"Our branding doesn't represent who we are now. It represents who we were in the 1970s and 1980s," she said.

She said there's also need for some unity in how the city presents itself, which she is working on "When we have 74 subbrands it actually might not be working in our favour and we might want to be co-ordinated around that," she said.

## Crashed Ice prepared to deal with warm temps

Organizers are insistent that Crashed Ice won't become slushed ice this weekend as temperatures are set to soar just in time for race day.

Forecasts call for a balmy 12 C on Friday the first night of races and a very warm 15 C on Saturday. The track has tube running underneath that keeps the ice cool, but according to the event's website it has its limits.

"The tubular system that has a total of up to 140km of ice carpet cooling tubing and is designed to maintain the ice in temperatures up to 12 C," reads the website.

Despite that notice, Andrew Markey with Hangman productions, who are staging the event, said they are confident there will be no problem with the race.

He said when it gets warm they can take extra steps to keep the ice in good shape

"We also cover certain parts of the ice that are south facing and receive high sun exposure, to make sure we're good to go for the event." RYAN TUMILTY/METRO

## PC nomination candidates allege they were pushed out

Two former candidates for Progressive Conservative nominations are charging they were pushed out of their respective races and still don't know why.

Don Martin, who was running against incumbent MLA Janice Sarich in Edmonton–Decore, said he was disqualified just a day before the vote.

He said PC party director Kelly Charlebois said he could voluntarily withdraw or be disqualified, based on an affidavit alleging misconduct

"I regarded Mr. Charlebois' actions akin to a Star Chamber proceeding, and morally equivalent to blackmail, I declined to withdraw," he said in a state-

ment released on Facebook.

Charlebois said the party had a clear reason for the disqualification.

"I made it very clear to him what the issue was and it was a gross violation of the party's rules. He admitted it and that was that, he said. Martin insisted he committed no violation and still has no idea who's making claims against him.

Balraj Manhas, president of the United Cabbies Association, said he's still waiting for answers weeks after allegedly being forced to leave the Edmonton-Ellerslie race

Manhas challenged incumbent Naresh Bhardwaj, but said he was called two days prior to the Feb. 21 ballot from nomination committee representatives who alleged problems with his candidacy.

"They asked me to pull out or they said they would put in the public that I was disqualified or something like that," he said. "I only had a few minutes to decide.

Manhas reluctant

pulled out. He said he had sent an email for more information about why he was disqualified but hasn't received a response.

Charlebois said the party was still looking at the case.

"The whole matter is still considered under review by the party," he said.

RYAN TUMILTY WITH FILES FROM JEREMY NOLAIS/METRO



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metronews.ca
Tuesday, March 10, 2015

## Police. Suspicious death at north end restaurant

Police cordoned off an Ethiopian-Somali restaurant in north Edmonton Monday, as homicide detectives investigated the shooting death of a young man nearby.

Just before 3:30 a.m., police responded to a shooting complaint near 12520-118 Avenue. Once they arrived, they found a young man, believed to be in his 20s, dead outside the Zembaba 2 Shisha Restaurant.

Homicide detectives have taken over the investigation and police are calling the death suspicious.

Kyle Houle, who works at a tire repair shop on the same street as Zembaba, said the area is pretty rough.

"You always hear people screaming and stuff at each other. (There's) always sirens going by," he said. "I always see police around

Douglas Zaboroski

charged with

woman's death

Police have charged a

man following the death

of a woman who was hit

Douglas Zaboroski,

yield to a pedestrian and

woman tried to cross 134

51, is facing failing to

failure to stop at a red

light after police say a

by a city snow removal

truck in January.

Avenue. metro

Snow plow driver

#### Quoted

"You always hear people screaming and stuff at each other."

Kyle Houle

here.'

Living across the alley from the restaurant, Russell Bellrose said he didn't realize what had happened until police woke him up early Monday morning, asking if he knew any details.

Bellrose noted the restaurant attracted a lot of people and often the back alley between his house and the bar would be packed with cars.

An autopsy is scheduled for Tuesday morning. **LEAH HOLOIDAY/METRO** 

#### Cancer worry

#### Tanning bed rules coming to Alberta to protect teens

After years of study Alberta is to introduce legislation to regulate tanning beds as a way to protect young people from skin cancer.

A spokesman for Alberta Health says a bill is to be tabled sometime during the legislature's spring sitting which begins Tuesday.

THE CANADIAN PRESS



## Kindergartener struck as students protest speeders

**School zones.** More than 17,000 speeders clocked since new law came into effect



HOLOIDAY
leah.holoiday@metronews.ca

The same day students rallied against drivers speeding through schools zones in west Edmonton, a Millwoods kindergarten student was struck by a bus at a marked crosswalk

The Holy Family student, who was bumped in the back

by a school bus while crossing the street, suffered a few minor bumps and bruises and was treated on scene by paramedics, said ECS spokesperson Lori Nagy.

Despite the minor incident, west Edmonton parent Lynda Sherman said it's only a mater of time before another student is injured due to school zone speeders. For Sherman, it's very common to see drivers race through school zones especially near Sister Annata Brockman School.

"We find that the parents seem to not be focused on the pedestrian and maybe in too much of a rush and on a cellphone," she said. Hemingway Road — the street in front of both Sister Annata Brockman and Bessie Nichols School — is notorious for speeding cars, Sherman said.

According to city stats, more than 17,000 photo radar tickets have been clocked in schools zones throughout Edmonton since the new school zone speed limit was introduced six months ago. Some cars have even been clocked at driving 57 km/h over the limit.

For most Edmonton school zones 14 per cent of drivers speed, while at near Bessie Nichols and Sister Annata, the number of speeders is closer to 21 per cent, city data shows.

"The violations are flagrant and the frustration of the drivers is significant and I'm very concerned that's going to result in a tragedy," Sherman said. Sherman's son Charlie said sometimes he feels like his safety is in danger when heading to school.

"It's very icy so if you try to stop, you can slide and you might hit someone," he said.

As students waved signs and shouted, "Slow down, save lives," Edmonton Police Sgt. David Green said it's too bad the children even had to rally in the first place.

"They just want people to slow down for them and that's pretty reasonable," he said.



metronews.ca Tuesday, March 10, 2015 **CANADA** 



#### Pamela Wallin accused of fraud

The RCMP has made a series of allegations against suspended senator Pamela Wallin. It's alleged she misrepresented corporate board meetings, dinner with a former lover and aw personal medical appointment as Senate business to claim reimbursement for her expenses. Documents filed by the Mounties in court allege Wallin defrauded the Senate by making 150 "suspicious" expense claims. No charges have been laid against Wallin, who was suspended last year, and none of the allegations have been proven in court. Wallin is pictured at a media scrum Nov. 5, 2013, outside the Senate On Parliament Hill, SEAN KILPATRICK/THE CANADIAN PRESS

## **U.S.-led team** to join probe of soldier's death

**Iraq.** Defence minister says three investigations of the incident being conducted

The U.S.-led coalition in Iraq is planning to join a pair of Canadian investigations already underway into last week's deadly friendly fire episode in northern Iraq.

Gen. Tom Lawson, the country's chief of defence staff, said Monday the international headquarters overseeing the war against the Islamic State of Iraq and the Levant (ISIL) is "interested in exactly what happened and therefore will be leading

The involvement of American commanders takes the concern about the deadly mistake - which claimed the life of 31-year-old Sgt. Andrew Doiron — to a different level.

Defence Minister Jason Kenney implored opposition parties to let due process unfold.

"There are three investigations that we hope to see the results of very soon," Kenney said.

There is a military police case and a technical investigation, known as a board of inquiry — both of which are standard procedure whenever a soldier dies in the line of duty. In addition, the special forces are conducting their own internal review. THE CANADIAN PRESS

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#### Group raises red flag on anti-terror bill

A prominent human-rights group says the Conservative government's anti-terrorism bill could be used to target environmental activists and aboriginal protesters.

Amnesty International Canada added its voice to those who say the bill would go beyond genuine security threats to ensnare those who mount demonstrations that fall outside the strict letter of the law.

The Conservatives brought in the bill — which would broaden the Canadian Security Intelligence Service's mandate — after the slaying of two Canadian soldiers last October. The new powers do not apply to "lawful" advocacy, but Amnesty fears they could be used against activists who protest without a permit or despite a court order.

THE CANADIAN PRESS

Islamic cyber-pirates

#### Bloc Québécois website hacked

Islamic cyber-pirates said Monday they attacked the website of the Bloc Québécois because of the party's position against the wearing of a veil during citizenship ceremonies.

The words "United Islamic Cyber Force" were sprawled in red letters in English across the top of a black page

and there was also a link on the website to the group's Facebook page. Several other sites that were hosted by the same server as the Bloc's were also targeted, including the website for a campsite.

But the group said it was targeting the separatist party. In an email exchange with The Canadian Press, a spokesman wrote the cyberattack was carried out "simply because they lacked respect towards women who wear the hijab." THE CANADIAN PRESS



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Q&A

#### Lawyer's wife speaks out

Patricia Edney is the wife of Dennis Edney, lawyer to Omar Khadr. The couple has agreed to take Khadr, 28, into their Edmonton home if he is released on bail. The Canadian Press interviewed Patricia Edney ahead of Khadr's bail hearing in late March Does Dennis bring home his clients on a regular basis – to live with you?

Patricia Edney: It's consistent offering Omar to come to our home. It's consistent with Dennis's faith in Omar, his confidence in the case and the young man that we have both come to know.

But this is a little different from the normal routine of lawyers and clients?

Patricia Edney: That speaks

to the fact that we see him as more than a client. We see him as somebody who's been abandoned by his government and suffered greatly for it.

The government, of course, brands him as a hardened, unrepentant terrorist.
Patricia Edney: There's lots

Patricia Edney: There's lots of evidence that he didn't kill (U.S. Sgt.) Christopher Speer ... But even if he did, he was a child soldier. Omar was 15 when this all took place. He was a child. He is carrying a burden that is not his

What was it like to meet him and get to know him? Patricia Edney: It was wonderful to first meet him. I wasn't surprised at how gentle he was, or how articulate and intelligent and gracious. It was more surprise at how tall he was.

THE CANADIAN PRESS



# Khadr's bail application draws backers

Response. The federal government has said it will fight any effort to lessen the former Guantanamo Bay prisoner's punishment

Professors, doctors, businessmen and even a former senior member of the U.S. military have put their names — and reputations — on the line to support the bail application of a man the Canadian government and other detractors have branded a dangerous jihadi terrorist.

Foremost among those

#### Quote

### "I am proud to count him among my closest friends."

Rob Betty, husband of King's University English professor Arlette Zinck who has been Omar Khadr's tutor for years. backing Omar Khadr are his long-time lawyer Dennis Edney and his wife Patricia, who have offered to take him into their home if he wins bail.

Edney, who has met the Toronto-born Khadr in prison, says she finds him gentle, articulate and gracious.

Khadr's application for bail — to be heard over two days later this month — aims to get him out of Bowden Institution in Innisfail, Alta., while he is appealing his conviction on five war-crimes charges by a U.S. military commission for incidents that occurred in Afghanistan when he was 15 years old.

In their letters for bail court, Arlette Zinck and her businessman husband Rob Betty make clear their positive assessment of Khadr.

Zinck, an English professor at King's University and one of Khadr's tutors for years, calls him a diligent and capable "model student."

THE CANADIAN PRESS



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## Nine abducted by ISIL in oilfield attack

**Libya.** Seizure of foreign workers last week also saw militants behead eight quards

Militants from Libya's Islamic State of Iraq and the Levant affiliate beheaded eight Libyan guards in an attack on a central oilfield last week in which the extremists abducted nine foreigners, a Libyan spokesman said Monday.

In the Philippines, authorities said Monday that four of their nationals were among the nine abducted from the oilfield. An Austrian, a Czech, a Bangladeshi and a Ghana national were also taken while one hostage remains unidentified.

Friday's attack on the al-Ghani oilfield near the town of Zalla, some 750 kilometres southeast of the capital, Tripoli, was part of a series of deadly assaults on Libya's by the Islamic State group.

The attacks in recent weeks have forced Libya to declare 11 fields non-operational, including al-Ghani, and invoke a force majeure clause that exempts the state from contractual obligations.

Libya's military spokesman, Ahmed al-Mesmari, warned that ISIL militants' long-term goal is to take over Libya's petroleum industry.

lucrative oil infrastructure but the force serving as oil guards is closely allied to the Libyan military, which answers to the eastern-based government, one of Libya's two rival governments.

In the Philippines, Department of Foreign Affairs spokesman Charles Jose said Manila was working with the employer of the nine, Austrian-owned VAOS Oil Service, the Libyan government and embassies of the other foreigners abducted.

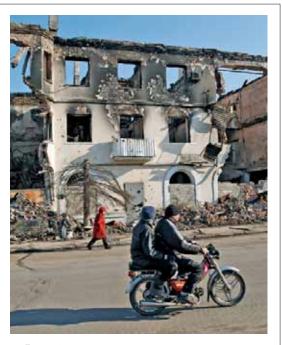
#### "This is the lifeline of the Libvan people."

Libya's military spokesman, Ahmed al-Mesmari, on the country's petroleum industry,

During the attack on al-Ghani, an employee watched the beheadings of the eight oil guards and subsequently died of a heart attack, al-Mesmari also said. He did not elaborate on how the army knew about the beheadings

The incident brings the total number of Filipinos missing in Libya to seven. Three others were snatched in another oilfield Feb. 3 and their whereabouts also remain unknown.

THE ASSOCIATED PRESS



#### Ukraine nears one-year mark since start of conflict

People pass by a destroyed building in Vuhlehirsk, Ukraine, on Monday. More than 6,000 people have died in eastern Ukraine since the start of the conflict almost a year ago that has led to a "merciless devastation of civilian lives and infrastructure," according to the UN human rights office. VADIM GHIRDA/THE ASSOCIATED PRESS

#### Chad

#### Nations ramp up fight against **Boko Haram**

Soldiers from Chad and Niger launched the largest international push to defeat Nigeria's Islamic extremists, whose war has spilled over into neighbouring countries, officials and witnesses said Monday. Chad's president has warned that the leader of Boko Haram must surrender or be killed.

At least 200 vehicles full of soldiers were spotted by residents crossing from Niger into Nigeria. Loud detonations were soon heard, signalling heavy combat with Boko Haram, said Adam Boukarna, a resident of the border town of Bosso, Niger.

The push marks a sharp escalation by African nations against Boko Haram nearly six years after the group began its insurrection, and comes just weeks before Nigeria holds elections many fear will be marred by violence, including from Boko Haram.

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# Apple unveils its new watch

#### Technology.

Watch is the first brand-new device Apple has launched without Steve Jobs

Make calls, read email, control music, manage Instagram photos, keep up with your workout, pay for groceries, open your hotel room door. CEO Tim Cook says you can do it all from your wrist with Apple Watch — for 18 hours a day. That's how long the battery will last.

Pre-orders start April 10. In Canada, the devices will range from \$449 to as much as \$22,000 for a luxury edition. The watches are available in two sizes, with 38-millimetre and 42-millimetre bodies.

#### Market Minute



**DOLLAR** 79.39¢ (+ 0.09¢)



14,854.49 (-98.01)



\$50.00 US (+ 39¢)



**GOLD** \$1,166.50 US (+ \$2.20)

**Natural gas:** \$2.678 US (-0.7¢) **Dow Jones:** 17,995.72 (+ 138.94)

The Apple Watch Sport is priced at \$449 and \$519 in Canada, the mid-range Apple Watch is between \$699 and

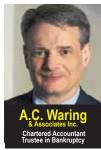
\$1,459 depending on the style of band, and Apple Watch Edition models start at \$13,000.

Industry watchers are eager to see if Apple's version will be the tipping point for the sluggish smartwatch market. There was similar skepticism when Apple released the iPad in 2010, yet the company has successfully sold millions and its popularity has shaken up the PC market.

Apple is entering a market in which numerous tech companies are already selling smartwatches, from the Samsung Gear and Motorola's Moto 360 to the Pebble Steel and other models made by smaller startups. Many run on Android Wear, the software platform from Google. They range in price from \$100 US to \$500 US or more, but they have not been big hits.

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Tuesday, March 10, 2015

#### **VOICES**

## CREATING THE CITY WE DESIRE

'Each one of us should speak of his roads, his cross roads, his roadside benches ... thus we cover the world with drawings we have lived.' — Gaston Bachelard, The Poetics of Space



Observing desire lines, I think it's pretty much acknowledged, makes for better urban design. They're the paths that we intuitively trace when we traverse our cities — the route across the park instead of along its edges, the shortcut through two buildings to the bus stop.

Watching where and how people are already moving, then building the infrastructure around those routes, creates safer and more effective routes for cyclists and pedestrians.

But more than that, listening to what people want out of their urban spaces instead of deciding for them creates an engaged, creative city that people revel in being a part of.

The City of Edmonton has just started a project called CITYLab Fridays, where anyone can submit ideas about how better to use public space. The projects, which will be temporary, should aim "to connect people and build relationships in creative ways."

The projects should also, according to the city website, be "crazy." It's a fascinating initiative where the average person could use art to help construct our public spaces, instead of just walking through paths that someone else designed for us.

We're so used to thinking of our cities as containers. The streets contain us as we walk, our buildings contain us when we arrive. We have a one-way relationship with our city. Sometimes there are pretty things around us, sometimes ugly. We don't affect the city as much as the city affects us.

But what about art? What about crazy uses of public space?

A French philosopher, Gaston Bachelard, is



Paying attention to the paths people create, not just the ones ascribed to them, makes for good city planning. ISTOCK

commonly cited as the man who coined the term 'desire lines'. Recently, however, I read 1958's The Poetics of Space, where it is claimed he first used the term. I was surprised to find that he never, ever mentions them. (It's another example of enough people saying something enough times on the Internet until it becomes true!)

Instead of a few sentences about desire lines, however, I found something wonderful: A thoughtful celebration of our relationship to the spaces around us, both urban and domestic. And, much to my delight, he shows how art elucidates our relationship to the spaces we live.

"Each one of us should speak of his roads,

**DO YOU HAVE A TRANSIT IDEA?** Shoot us an email: edmonton@metronews.ca

his cross roads, his roadside benches," he writes. "Thus we cover the world with drawings we have lived." These drawings, these stories, says Bachelard, are as internal as they are external. They construct our space, 'the world', as much as the world contains us.

It's an interesting idea, no? It reminds me of, years ago, speaking to a prolific graffiti artist. He pointed out, simply, that people draw on their cities when they feel they have no other agency over their urban environment. Who else would put so much effort into work that is lucky to survive a few weeks on the street?

Or I think of the person who once pasted lines from Michael Ondaatje's Elimination Game onto the lampposts leading up 112 street on the way to campus. I marvelled at the wit of this little vandalistic art project — who hasn't wanted an absurd reason to turn around and head back home, mid-commute, at one time or another? Time to head home.

Of course, graffiti is illegal. But CITYLab Fridays are not. I'm genuinely curious to see what Edmontonians dream up for our public spaces. It's not every day that we are we given the opportunity to make our cityscape, our imagined world, into our art project that truly reflects our desires.

Jay Smith is a writer who has cycled, walked and run on Edmonton's streets and pathways her entire life. Her status as an alt-transit diehard includes raising her two kids without a car (or a licence) until last year.

## **Apple Watch: Addressing problems that never were problems**



JUSTIN LEE

Apple announced Monday details about its heavily-anticipated, yet arguably unnecessary Apple Watch, which hits shelves next month.

The smart watch connects to iPhone 5 or later models to receive notifications about incoming mail, messages, calls and events, and is loaded with enough features to impress Penny from Inspector Gadget.

In fact, the Apple Watch seems nothing more than a micro version of an iPhone or iPad

But instead of having to physically reach for the device, you have immediate access — anytime or anywhere — since you're physically wearing it.

By being "plugged in" round the clock, you'll never miss a chance to apply a Valencia filter to that kale salad post or "swipe

#### "Communication" technology

Instead of bringing us closer together, this so-called communication technology has transformed us into a more distant, jaded, and colder culture.

left" whenever you see a profile pic of some sociopath canoodling with a tiger.

And I suppose that's the greatest drawback to technology in the 21st century — that it somehow addresses problems that never were considered problems in the first place.

Back in the day, advancements in technology were wholly necessary. We didn't have a means to travel far distances in a reasonable amount of time, so we invented planes, trains and automobiles. We didn't have a way to verbally communicate with our friends, families, and pushy telemarketers who interrupt our dinner, so we invented the telephone.

But at what point has anyone ever said, "Gee, I really wish there was some way I could instantly access an entire library on the go, even though I can only physically read one book at a time. You never know when you might feel compelled to reread that titillating tampon scene in Fifty Shades of Grey."

Or when was the last time anyone has ever thought, "I really wish I had a pair of glasses that would allow me to view a video clip of a sunrise instead of an actual sunrise"?

Civilization has become so consumed with inventing new and efficient ways to perform even the most innocuous of tasks.

Twenty years ago, we would take time out of our busy lives to talk to our friends and family in person or over the phone.

Now we can't even seem to reply to a simple text.

Instead of bringing us closer together, this so-called communication technology has transformed us into a more distant, jaded, and colder culture.

Technology has become a never-ending cycle: We create solutions to problems, which in turn generates a new set of problems that we need to tackle.

To quote Damon Albarn of Blur, "We're everyday robots in control / in the process of being sold / Driving in adjacent cars / 'Til you press restart."

Although the Apple Watch will not help you foil Dr. Claw's latest evil plan, it certainly might bring Apple one step closer to achieving world domination.

Justin Lee is a Toronto-based writer, DJ and documentary filmmaker who enjoys exploring music, arts and culture and social issues.



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#### Filmmaking

#### Director pleads guilty in train crash death

The director of a movie about musician Gregg Allman pleaded guilty Monday in a train crash that killed a camera assistant and injured six film workers. In exchange, prosecutors dropped charges against his wife and business partner.

The case is a rare example of filmmakers being prosecuted for deaths on their sets.

As part of the plea deal, director Randall Miller will spend two years in the county jail and another eight on probation on involuntary manslaughter and criminal trespassing charges. He also will pay a \$20,000 fine.

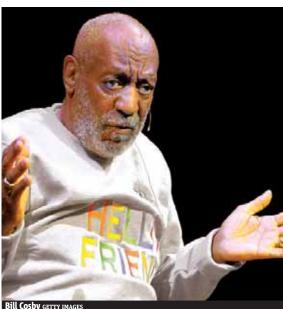
In the crash a year ago, a freight train travelling 55 m.p.h. plowed into the director's crew on a Georgia railroad bridge.

The Midnight Rider movie has been in limbo since the crash. Allman sued Miller to prevent the director from reviving the film. They settled out of court last year, and terms were not disclosed.

THE ASSOCIATED PRESS



## Cosby promo fail



Showing further signs of notterribly-great judgment, Bill Cosby released an awkward, amateur-ish video message to promote an upcoming gig. In it, the embattled comic icon is on the phone trying to convince someone to come see the show. "You know I'll be hilarious," he says in the 10-second clip, first released to ABC News. He accompanied the video with a written message: "Dear fans, I hope you enjoy my wonderful video message," he writes. "Hey, hey, hey, I'm far from fin-ished." While the video might not be as wonderful as he insists, it does raise a lot of questions: Is that a rotary phone? Why is this shot like an ISIS hostage video? Are those silk pyjamas? Also, can we address how terrible a slogan "I'm far from finished" is for a man accused of more than 30 separate acts of sexual assault?

Gossip

#### **NED EHRBAR**

METRO'S TAKE ON THE WORLD OF CELEBRITIES



## The Simpsons co-creator dies

Sam Simon, a co-creator of The Simpsons and animal-rights advocate who made a midlife career shift into philanthropy and channeled much of his personal fortune into social causes, has died. Simon died Sunday at his home in Pacific Palisades, Calif., his agent, Andy Patman said. He was 59. He was diagnosed with advanced colon cancer in 2011. THE ASSOCIATED PRESS



## Video may prove Suge is innocent

Graphic video footage has surfaced of the Jan. 29 hit-and-run incident near the Los Angeles set of the film Straight Outta Compton that landed Death Row Records founder Suge Knight behind bars, according to TMZ. The video, taken from the surveillance footage of a burger joint where the incident took place, will be used



as evidence by both the prosecution and the defence in any upcoming trial, as Knight's defence team believe the footage exonerates their

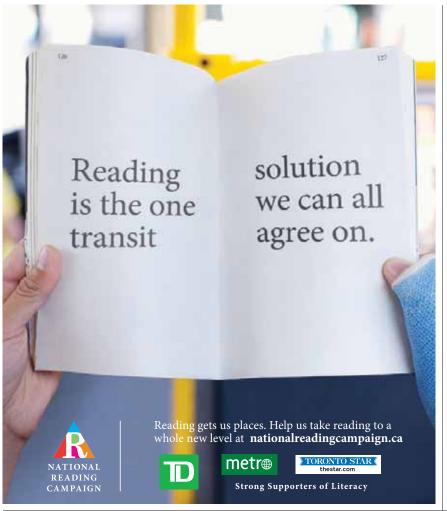
client by proving he was the

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Sofia Kovalevskaya: Problem-Solving Pioneer

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#### Collecting

#### There's still lots of money in vinvl



SOUND CHECK

Although vinyl sales had almost disappeared into a black hole by 2006, the format was kept alive by record-collecting obsessives who scoured through record shows and garage sales and trolled sites like eBay.

Every collector has at least one Holy Grail on their list. For me, it would be a copy of the Sex Pistols God Save the Queen 7-inch (b/w No Feelings, s/n AMS 7284) manufactured by A&M Records U.K. during the five days the band was signed to the label in 1977. But after an outcry by shareholders and other artists on the label (including ahem — The Carpenters), the Pistols were dropped and all copies of God Save the Queen were ordered destroyed.

Most of them were, but an undetermined number were



rescued by A&M employees.

Copies come up for auction every once in a while. One never-played copy sold for about \$11,500 last month, a bargain compared to the one that sold for \$25,000 in

However, this is chump change if we're looking for something truly rare. In January, an acetate (a fragile audio pressing) made by an 18-yearold truck driver named Elvis Presley on July 18, 1953, was purchased by Jack White (yes, him) for \$378,000.

Given that this was Elvis' first-ever recording — and that there's just one copy in existence — the record has status in the history of rock 'n' roll. Jack plans to reissue My Happiness b/w That's When the Heartaches Begin on vinyl through his Third Man Records as part of Record Store Day on April 18.

#### **Album. Will Butler** has a new Policv

Anyone who has seen Arcade Fire live knows that Will Butler doesn't like to sit still.

The younger Butler brother is a combustible bundle of twitchy energy onstage, so it's no surprise that his debut solo album, Policy, is a restless firecracker that manages to showcase - in only eight songs plenty of styles. As he spun the new sounds for his Arcade Fire bandmates — including front-man brother Win — on the road during the Reflektor tour, it was the album's wandering nature that most stood out.

'Everyone's response was similar," Butler said. "It was like, 'Oh, I mean, it's very diverse, which I like. But will people like it? You should think about if you want it to be so diverse or if you should stylistically unify it.

On his first solitary sojourn, Butler strayed from Arcade Fire's notoriously arduous creative process. "Collaboration with amazing artists is such a joy, but it is a lot of psychological work," he said.

THE CANADIAN PRESS







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2012 SUZUKI GRAND 2014 VOLKSWAGEN VITARA KX/AWD JETTA TRENDLINE

2007 FORD

**ESCAPE XLT** 

988

2007 AUDI A3





,988

2009 RAM 1500 Q/C 4X4 SLT HEMI







2013 DODGE DURANGO SXT 7 PASS #13T5366 88































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## Not-so-smartphone?

**Wellness.** Researchers examining whether smartphones are making users lazier and less astute

Having the world at our fingertips diminishes the role of our brains in daily life, according to researchers in Canada.

"Decades of research has revealed that humans are eager to avoid expending effort when problem-solving, and it seems likely that people will increasingly use their smartphones as an extended mind," says lead author Nathaniel Barr, a post-doctoral researcher in reasoning and decision making at the University of Waterloo.

Highly intelligent people approach problem-solving in a manner that's analytical rather than intuitive, yet smartphones allow them to second-guess themselves, say the researchers.

The problem leaves no one behind, for intuitive thinkers who rely on their gut instinct simply turn to their devices rather than their brainpower.

In three experiments that involved a total of 660 participants, the research team analyzed users' smartphone habits in relation to their cognitive style and verbal

and quantitative skills.

The same participants performed better on the same tests and demonstrated greater willingness to think analytically when they were separated from their smartphones, according to the

"Our research provides support for an association between heavy smartphone use and lowered intelligence," co-author Gordon Pennycook, a PhD candidate in psychology at the University of Waterloo.

"Whether smartphones actually decrease intelligence is still an open question that requires future research."

The study, published in the journal Computers in Human Behavior, bears grim implications on the cognition of an aging population.

'Our reliance on smartphones and other devices will likely only continue to rise," says Barr.

"It's important to understand how smartphones affect and relate to human psychology before these technologies are so fully ingrained that it's hard to recall what life was like without them. We may already be at that point.'

To recall what life was like in the pre-smartphone era, try leaving the house without it every once in a while - it migȟt do more good than harm.

#### Therapy



15

#### Latest adult colouring book focuses on antistress benefit

A growing trend among adults, colouring books are said to help de-stress and unwind and are slowly taking off outside Europe, where the trend originated.

The latest example, Colour Therapy: An Anti-Stress Colouring Book, is out this week in Britain before heading to the other side of the Atlantic in June.

A way of passing the time and clearing one's thoughts - during breaks from Candy Crush, at least — colouring books began taking off in France a few years ago and have grown increasingly popular there; among them, books by Lisa Magano have been nearly instant hits and Secret Garden (sold in France as "Jardin secret") by Johanna Basford was a success in 2013.

Basford's book also became a popular title in the U.K., where the trend is picking up

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Brussels sprouts are little baby cabbages with all of the same nutrients.

They are absolutely adorable when they grow on a tall, sturdy stock and look like little buttons.

They are hearty, coldweather vegetables that can handle a frost or two, which is why they are usually harvested in fall.

Raw and fresh, they do require about the same kind of attention as green beans in that they need to be trimmed of the woody end.

Honestly, this is one of the vegetables that I actually prefer to buy frozen. Straight out of the freezer, they are more tender and pretrimmed so a quick

steam makes a weeknight meal a breeze.

Nutritionally they do pack a punch with one sprout providing 35 per cent of a day's worth of vitamin K.

They are also high in vitamins C and A as well as potassium and fibre making them the perfect hearthealthy choice.

The trick to Brussels sprouts is to not overcook them. Doing so creates a disgusting sulphur smell.

You do, however, have to score them to be sure they cook through the tougher base. Roasting helps to caramelize the sugars and make for a sweeter, softer vegetable pleasure.

THERESA ALBERT IS A FOOD COMMUNI-CATIONS SPECIALIST AND PRIVATE NUTRITIONIST IN TORONTO. SHE IS @



## Veggie meal's protein punch

**Dinner.** Instead of boiling mini cabbages, try roasting them in this low-calorie Tofu and Brussels Sprouts side dish

Tofu has long been discussed as a functional food for managing menopause because of its plantbased estrogen. But it is also a great, low-calorie, lean protein that can be delicious when roasted with Brussels sprouts.

This is a great side dish but it is also a perfect vegetarian meal on its own. Simply bake the dish in single serving dishes

- 4 cups frozen baby Brussels
- 6-8 oz organic firm tofu, small cubes
- 1 tbsp melted butter
- 1 tsp fresh thyme1/4 cup grated Parmesan cheese
- 2 tbsp ground flax
- · Sea salt and pepper



and top with a bit of Parmesan cheese.

1. Toss Brussels sprouts with tofu and spread into a large, low casserole. Drizzle and toss

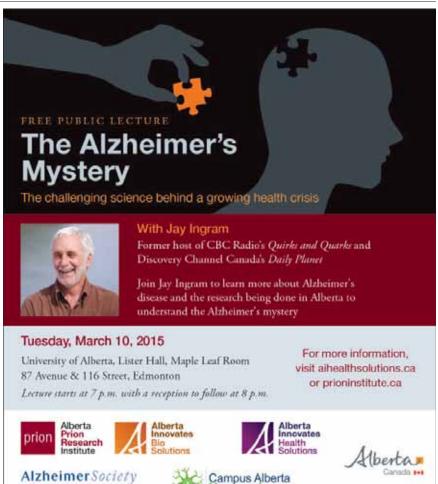
NORTHWEST TERRITORIES

with melted butter and sprinkle with thyme.

**2.** Bake in 400 F oven for 20-25 minutes until they begin to 3. Mix together Parmesan cheese and ground flax; salt and pepper as desired. Sprinkle on top and bake for 5-10 more minutes.

THERESA ALBERT





metronews.ca
Tuesday, March 10, 2015

SPORTS 1

#### NBA

## Marc gets best of Pau as Grizzlies win in Chicago

Marc Gasol scored 23 points to lead the Memphis Grizzlies past his brother Pau Gasol and the Chicago Bulls 101-91 on Monday night.

Marc was 10 of 16 from the field for the Grizzlies, who moved to two games ahead of idle Houston for the Midwest Division lead. THE ASSOCIATED PRESS

#### NHL

### Leafs fall apart again vs. Islanders

The effort was there for the Toronto Maple Leafs, but the result still wasn't pretty.

Two days after interim coach Peter Horachek criticized his team for a lack of effort in a blowout loss, the Leafs showed plenty but blew a lead to lose 4-3 in overtime to the New York Islanders on Monday.

THE CANADIAN PRESS

#### NFL

### Manziel's rehab stay ongoing

Johnny Manziel's commitment to fixing his personal life has the Browns feeling positive about his future as a quarterback.

Browns coach Mike Pettine confirmed Monday that Manziel, whose troubled rookie season in Cleveland was followed by him seeking help for an undisclosed issue, remains in a rehab treatment facility. Manziel entered a private facility in Ohio on Jan. 28, and Pettine said there is not a specific date for him to be released.

THE ASSOCIATED PRESS



# Red Wings make misfiring Oilers pay

NHL. With little to show for strong first period, Edmonton left to rue missed opportunities

Riley Sheahan and the Detroit Red Wings shook off a poor start and avoided a stumble against one of the NHL's worst teams.

Sheahan scored the goahead goal in the second period, Jimmy Howard made On Monday



2

Red Wing

Oilers

36 saves and the Red Wings snapped a two-game skid with a 5-2 victory over the Edmonton Oilers on Monday night.

Niklas Kronwall, Teemu

Pulkkinen, Justin Abdelkader and Pavel Datsyuk added goals to help Detroit send the Oilers to their fifth straight loss.

"Definitely not the start we wanted, but against top teams in this league we're probably going to find ourselves down a couple after a start like that," said Howard, who started one night after making a relief appearance in Sunday's 5-3 loss to Boston. "We're fortunate we found a way to get two points."

Rob Klinkhammer and Nail Yakupov scored for Edmonton, and Ben Scrivens stopped 21 shots.

Edmonton reflected on its missed chances after taking a 1-0 after the first.

"We had a really strong first; a good 20 minutes," Oilers coach Todd Nelson said. "In the second period, they turned it up.

"(Detroit) played hard. Sometimes you have to give the other team credit."

THE ASSOCIATED PRESS

## Video shows Hernandez carrying gun: Prosecutors



Home surveillance video played for jurors Monday in the murder trial of former New England Patriots player Aaron Hernandez shows him holding what prosecutors say is a gun and leaving his house with two co-defendants hours before the killing.

Hernandez is accused of the June 17, 2013, killing of Odin Lloyd, who was dating the sister of Hernandez's fiancée. Lloyd was found shot to death in an industrial park not far from Hernandez's home.

The video, taken by an extensive surveillance system

#### **Object**

The object in question is difficult to make out in the video, which is taken from across the room and isn't sharp. Hernandez's legal team has suggested it was a remote control or other device.

in and around Hernandez's home, shows him returning home from a night out celebrating Father's Day with his fiancée, Shayanna Jenkins. They are greeted by two of Hernandez's friends, Ernest Wallace and Carlos Ortiz, who are also charged in the murder. Both men have pleaded not guilty and will be tried separately.

Prosecutors played the video Monday during testimony by Jennifer Fortier, 28, who babysat for Hernandez's and Jenkins' infant daughter that night.

On one clip, Hernandez can be seen walking through the living room carrying a black object at about 12:45 a.m. Fortier, who was there at the time, testified that she didn't see the object. THE ASSOCIATED PRESS

#### AUGMENTED REALITY

Stuck on 12 Across? Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.



#### Horoscopes by Sally Brompton

#### ↑ Aries

March 21 - April 20

With your ruler Mars on great terms with luck planet Jupiter you will make a big impression over the next 24 hours. Don't let your ego get out of hand.

#### **Taurus** April 21 - May 21

The answers are easy to find but ask the right questions. Take a look at the world. Who is in charge? Answer that qustion and all else will fall into place.

#### ∐ Gemini

May 22 - June 21

The dice are loaded in your favour. All you have to do is throw them with confidence. On the work front especially you need to take a few risks.

#### **9** Cancer

June 22 - July 23

With Mars and Jupiter perfectly aligned today success is a foregone conclusion. No matter how many times you have been rebuffed in the past you will get what you want now.

#### **Ω** Leo

July 24 - Aug. 23

Set yourself a challenge and go all out to make a success of it. Jupiter in your sign, although moving retrograde, makes this the kind of day when limits do not exist, at least not for you.

#### **M** Virgo Aug. 24 - Sept. 23

You may be logical but try not to be too rational in your thinking today because it will limit you. If you want something enough you will find a way to get it.

#### **△** Libra

Sept. 24 - Oct. 23

Make an effort to talk to loved ones and find out what they think. Cosmic activity in your opposite signs of Aries means that if you are nice to people they will be nice to you.

#### M Scorpio

Oct. 24 - Nov. 22

If you focus on a problem to the exclusion of everything else you'll find the solution you need. The answers you require are in your mind already.

#### **7**¹ Sagittarius Nov. 23 - Dec. 21

Cosmic activity in your fellow Fire signs of Aries and Leo means everything comes easy to you at the moment. But that does not mean you no longer have to make an effort.

#### り Capricorn

Dec. 22 - Jan. 20

Follow your intuition over the next 24 hours, even if it leads you in a strange new direction. Just because a lot of people are moving down one path does not mean it is the right path.

#### Aquarius Jan. 21 - Feb. 19

Do something today that takes others by surprise. It should remind those you live, work and do business with that you shouldn't be taken for granted.

#### H Pisces

Feb. 20 - March 20

Do you have what it takes to succeed? Yes! You may be a Pisces, one of the nicest signs in the zodiac, but that doesn't mean you can't be ambitious!

#### Crossword: Canada Across and Down by Kelly Ann Buchanan

#### Across

1. Moon shape, e.g. 6. Since-ancient-times

9. Beeping communicator

14. Nouveau (New-wealth set)

15. Jackie O's hubby 16. Feminine inner self, in Jungian

psychology 17. Canadian frozen yogurt chain founded

in 1986: 2 wds. 19. Pancake-on-

pancake-on... 20. Bail

21. Daytime movie 23. Backup the file again

26. 1991 Extreme hit: Hearted"

27. Mr. Shackelford 28. Li'l elevation

29. American univ.

31. Spill the beans 33. 'Law' suffix

34. Commandment word

36. Followers upswing: 2 39. wds.

41. Canadian mixed martial artist, \_\_ 'The Spartan' Theodorou

43. Bargain 44. Ancient water nymph 46. 'A.' of President

James A. Garfield 48. Dick Dyke link 49. Actor Will

51. Edmonton sch.:

22 33 39 42 44 54

letter + wd. + letter 52. Time-saving abbr. 53. "Great catch!" 55. Borscht ingredi-

62

ent 57. Loved one 59. Activity signer-

upper 61. Fan's favourite 62. Decorative edg-

ing in embroidery 63. Sandra L. \_\_\_,

Master of the Royal

Canadian Mint 68. Piano exercise

69. Stop 70. \_\_ Robina,

Parenting Expert on "Cityline" 71. Earlies opposites,

say 72. Place

73. Flower kind

#### Down

1. Discharge droplets 2. Brazilian city

3. Hosp. recording

4. Solomon to (W.B. Yeats poem)

5. Calgary-headquartered oil sands company

6. Go separate ways 7. Montevideo is its

8. Gadget 9. Pinks and peaches and lilacs 10. Against

11. Ice Age rodent in North America: 2 wds.

12. Master of ceremonies 13. Made money,

with In 18. Arrow: French

22. Greece neighbour [abbr.]

23. Silk-like fabric

metronews.ca Tuesday, March 10, 2015

24. Female werewolf on Space's "Bitten"

25. Like some McCain fries: 2 wds.

26. North Pacific

flatfish

30. \_\_\_ Land (Los Angeles, colloquially) 32. Knowing interjections

35. Tropical tuber

37. Make happy 38. Coinage in

Coventry 40. Glaswegian's 'No'

42. Terell \_\_\_, "Turn the Leaf" (Prod. Preme Diesel)

recording artist from Vancouver 45. Weighs the pros

and cons 47. "Vogue" song-

stress 50. Stimpy's co-star

53. Drive bugs away 54. The Body Shop

founder Ms. Roddick 56. Singing: Ms. Merman

58. Gymnastics: Ms. Korbut's

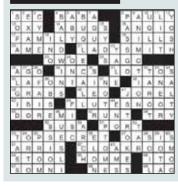
60. Emulated an equestrian

61. '500' car race 64. "\_\_ Maria in

Novela Land" (2015) 65. Blaster!

66. Roman I's amount 67. Big Apple hockey

team [acronym]



See today's answers at metronews.ca/answers



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

cap.

6	2	9	5	7	3	8	4	1
4	3	8	2	1	6	7	9	5
1	5	7	8	4	9	6	2	3
7	4	6	9	2	5	1	3	8
8	9	3	1	6	7	4	5	2
5	1	2	3	8	4	9	7	6
3	8	4	6	9	2	5	1	7
2	7	1	4	5	8	3	6	9
9	6	5	7	3	1	2	8	4

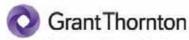
	6		8	7		2	5	
5					9			4
5 2								
	4							3
3				2				3 6
9							1	
								5
6			4					5
	5	3		6	2		8	

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